### VIRGINIA COMMONWEALTH UNIVERSITY



# **Project SEED (Social Emotional Education and Development)** Virginia-Promoting healthy social emotional development of infants and toddlers throughout Virginia Jacqueline Robinson-Brock, Project Director

## **Project SEED Virginia**

The mission of Project SEED Virginia is to build a consistent family-centered professional development framework of evidence-based practices for providers of infants and toddlers to strengthen the social and emotional development of children birth to age 3 in Virginia.

In its first funding period Project SEED Virginia trained over 898 infant and toddler professionals in two evidence-based models ~ the CSEFEL (Center on the Social Emotional Foundations of Early Learning) Pyramid Model and the ASQ-3 (Ages and Stages Questionnaire 3). In addition, Project SEED supported 20 infant and toddler professionals to become endorsed in Infant Mental Health.

#### **ASQ-3 & CSEFEL PROVIDER TRAINING AND COACHING**

Project SEED trained and coached 223 infant and toddler providers in how to use the ASQ-3 developmental screening questionnaire. Providers who received ASQ-3 training received an average of 4-6 hours of training and an average of 4 hours of coaching. Infant and toddler providers were able to increase developmental screening of the infants and toddlers in their care, and felt better equipped to address developmental concerns that were identified in the screening.

391 infant and toddler providers received 12 hours of CSEFEL training. Of these providers, 53 participated in coaching. A total of 762.40 hours of coaching were provided to these 53 providers. Half of the coaching participants received intensive coaching of at least 18 hours and the other half received as-needed coaching. The providers who received intensive coaching averaged 20.03 hours of coaching and those who received as-needed coaching averaged 11.18 hours of coaching. Infant and toddler providers were extremely satisfied with the training and coaching and felt that it helped them better support the social and emotional development of the infants and toddlers in their care.

#### **ASQ-3 & CSEFEL TRAINER AND COACH TRAINING**

Since November 2013, Project SEED Virginia has successfully identified and trained 192 qualified trainers and coaches in the ASQ-3 and CSEFEL Pyramid Model throughout the state of Virginia. The majority of the trainers and coaches were highly satisfied or satisfied with the training content and felt that they could incorporate the content into their practice with infants and toddlers.

#### TRAINER REGISTRY

A total of 131 trainers and coaches agreed to have their names listed on the Trainer Registry: 48 CSEFEL Training of Trainers, 34 CSEFEL Training of Coaches, and 31 ASQ-3 Trainers/Coaches. The trainers and coaches listed on the registry represent all regions of the state, with 11 from the Central region, 16 from the Eastern region, 18 from the Northern region, 7 from the Piedmont region, and 10 from the Western region. The registry is posted to the Early Childhood Mental Health Virginia website (www.ecmhva.org) for providers to contact trainers and coaches to receive professional development.

### VIRGINIA CROSS SECTOR PROFESSIONAL DEVELOPMENT (VCPD) COLLABORATION

Project SEED worked in partnership with the Virginia Cross Sector Professional Development (VCPD) team and used the VCPD regions to target professional development opportunities throughout the state. For more information about the VCPD, please visit vcpd.net.

#### (VCPD) Regional Centers

#### **INFANT MENTAL HEALTH ENDORSEMENT**

Funding was provided to support 20 infant and toddler providers to become endorsed in Infant Mental Health through the Virginia Association for Infant Mental Health (VAIMH). The endorsement verifies that an applicant has attained a specific skill level based on a set of competencies that have been identified and agreed upon by professionals, service providers, faculty members and policymakers in the infant and family field.

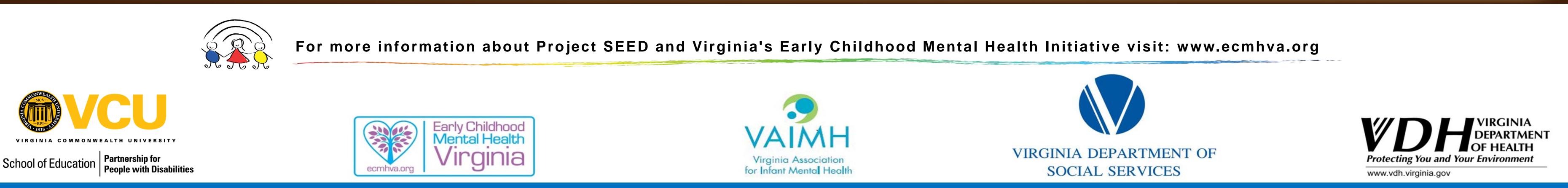
#### MASTER CADRE OF TRAINERS AND COACHES

Project SEED created an application process for trainers and coaches to demonstrate their knowledge and expertise delivering training and coaching to infant and toddler providers. Through this process Project SEED was able to identify quality professional development providers who then provided evidence-based training to infant and toddler providers.



Regional areas based on five Regional Centers located in Richmond, Norfolk, Fairfax, Harrisonburg and Blacksburg.

**NOTE:** Regions are loosely defined and can be fluid based on community collaborations.



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